

Who am I?

How to use the silhouettes and reflections



Contents of Pack

- 8 x silhouettes in wood
- 8 x reflectionsto go with silhouettes
- 8 x A4 large printreflectionsto go withsilhouettes
- 8 x large numbers
- 1 x 'How to use this pack
- 1 x 'Who am I?'instruction sheet template
- 1 x Luggage tag template
- 1 x outline sketchof silhouettes

Ideas on how to use this pack:

We've all got places to go, things to achieve, changes to make, people to become. Life is a pilgrimage. Where are we going? To a place that isn't there yet, a destination that needs to be believed in to be seen. As Christians who pray for God's kingdom to come in the corners where we live, we wonder, 'Where do we go from here?' 'What might happen next?' 'What could we achieve?' 'Who might we become?' 'Who might we meet?..

This activity has been adapted for use as a Walking the Way resource. It was first devised for the United Reformed Church's presence at Greenbelt 2018. The silhouettes of the people depicted in this pack were scattered around the festival site for people to find. The reflections and large print posters helped people to think about who these silhouettes might represent, what they could give to this person and what they might receive in return. The 'Who am I?' instruction sheet was used by people to record what they could give to the person represented by the silhouette and luggage labels with different words on them, representing what the people might receive. As they engaged with each of the silhouettes, were available to take away. These reflections were written by the Revd. Tim Lowe.

As well as being used outdoors, the 8 silhouettes could be placed around a worship area and people encouraged to visit each one in turn, thinking about who the silhouette might represent. They are designed to be multifaceted. For example, the person carrying a heavy load could be a displaced person, a person without a home in the UK or carrying a metaphoric heavy burden. It is up to you to decide who you think they are, then ask the questions contained in the reflections. As with the



We've got places to go, things to achieve, changes to make, people to become. Life is a pilgrimage. On that pilgrimage, we will encounter people who will have an influence on us. We will give, and we will take, but each encounter will change both of us in some way.

Around the area you will find 8 silhouettes of people,

an I give you? (write this in the appropriate box below)

might I receive from you? (Write that word on the tags provided)

and you will have 8 words to keep.

1.

2.

3.

4.

5.

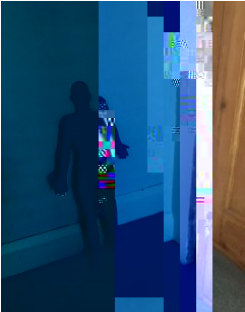
6.

7.

8.

8. Who am I...?

Have you really looked
to see who I really am?
Do you think that
because I've changed,
or am changing,
or seem different
that you cannot see
the real person within me?
Times change,
but who I am inside
has always been there.
It takes strength and courage
to be the person
God has called you to be



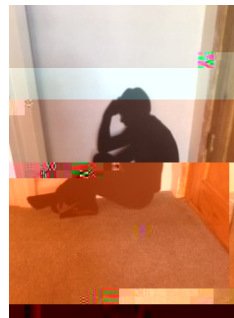
Original activity from United Reformed Church's presence at Greenbelt 2018.
Meditations by the Revd Tim Lowe

Walking

1. Who am I...?

Do you know
what I'm thinking?
Are you worried, like me,
about the state of the world;
the environment; the future;

Concerns are good –
they keep you alive –
but they need to be shared. So, share your worries...
Unload your cares upon God who is peace, that together
with those who are faithful
to the cause, WE can act!



2. Who am I...?

Can you keep up with me?

Do I appear so busy,

rushing about,

giving time to others

that you struggle to stay with me, or feel inadequate?

I do what I do because

(for this moment) I can.

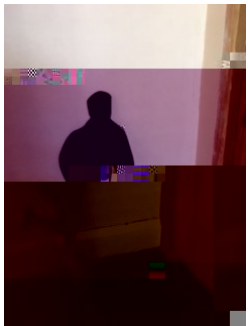
Yet I need your support along the way,

like a metaphorical water bottle on a marathon,

being thrust into my hand as I run past.

I believe my strength

comes from you.



7. Who am I...?

Did you notice me?

Maybe you think

my movements too slow

to be noticed

in your 'real' time?

Yet accumulating time

can teach you many things,

and I am packed with history and experience

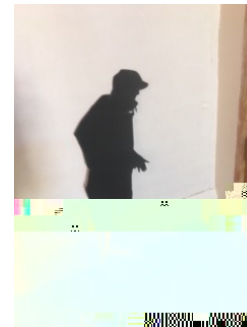
and story.

Slow down.

Walk with me.

God just might reveal

the wisdom I carry.



6. Who am I...?

Did you notice me?

Do you imagine that I am
too small

or too young

to be seen or heard?

They say great things

come in small packages –

well, God has packed me

with potential

and opportunity

which I'm just waiting

to grow into!

3. Who am I...?

Do you ever wonder

how I carry this load?

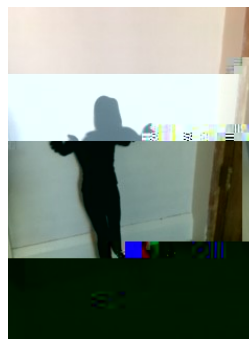
4. Who am I...?

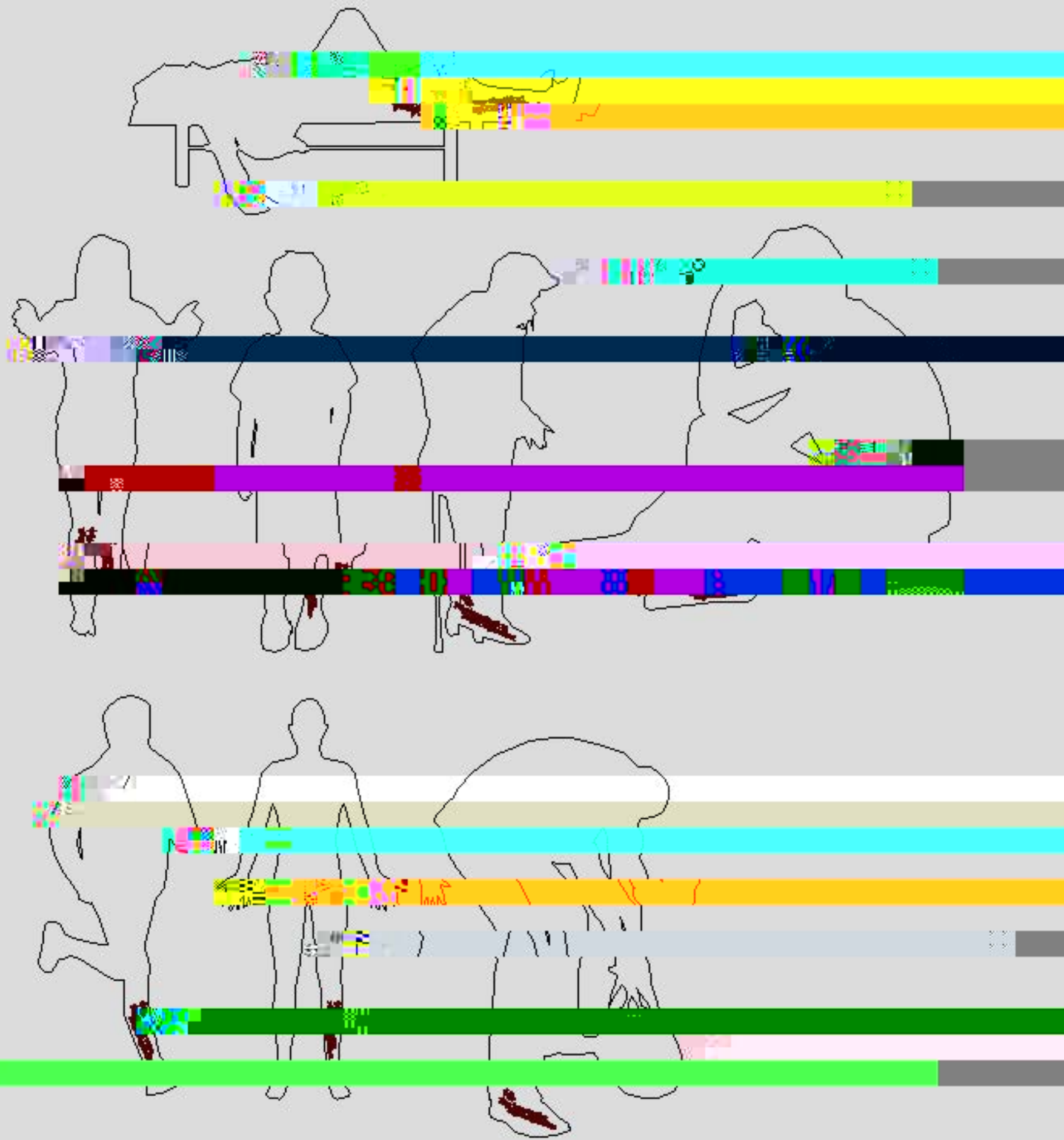
Do you try not to see me?
If you walk by
on the other side,
pretending I'm not there,
will that mean that my challenges
– exhaustion, displacement or
having no place to call home –
will not exist?
But, I am here...
and there...
and need to be somewhere!
I am the 'other';
the one like the Son of Man;
no place to rest, yet part
of the household of G, of God



5. Who am I...?

Would you ever turn to me
for help?
Are you scared
to rely upon someone else
who might just carry with them the skills and collective wisdom
of others?
This could be my gift to you:
to share; to comfort; to support.
That is what being part of
a God-family is about.
Have faith,
that we can learn together.





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what I'm thinking?

Are you worried, like me,
about the state of the world;
the environment; the future;
or, our spiritual existence?

Concerns are good –
they keep you alive –
but they need to be shared. So,
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Unload your cares upon God
who is peace, that together
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to the cause, WE can act!

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Can you keep up with me?

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rushing about,

Who am I...?

Do you ever wonder
how I carry this load?

Does the weight of life's struggles
– physical, mental and emotional –
ever bear down on you,
like it does on me?

Sometimes the energy
to lift my life escapes me.

Yet, realising that I cannot rely
upon my strength alone

gives me hope and courage

to rely upon the one

who made me and who knows me
and holds me,

in strong and loving arms.

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Wisdom

Time

Faith

Energy

Hope

Clarity

Support

Wisdom

Strength

Challenge

Courage

Opportunity

Friendship

Love