



Arroz con Pina

What you need:

- 1 large pineapple
- 1.5 cups of rice
- 1 cup of evaporated milk
- vanilla essence
- cinnamon and sugar to taste



What to do:

1. Cut the top off the pineapple – you could plant this and see what grows!
2. Put the base of the pineapple, the peel and the core in a pan and cover with water.
3. Add the rice and a stick of cinnamon, and boil until the rice is soft.
4. Meanwhile, chop the rest of the pineapple into chunks.
5. You can add sugar and vanilla essence to the hot liquid to taste at this point, if needed.
6. Remove the scraps of peel and cinnamon stick from the mix and discard.
7. Add evaporated milk and some of the flesh of the pineapple to the mix and blend in a blender or by pushing it through a sieve.
8. Drink with ice, and eat up any remaining pineapple chunks.

